

# ONLINE COST INFO DAY

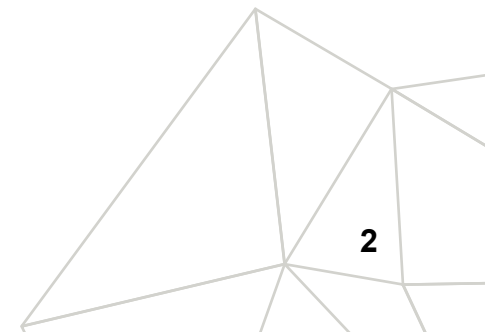
27 March 2024





# Practicalities

- The webinar is being **recorded** and the **live streaming** can be viewed on COST's YouTube channel ([@costoffice](#))
- The recording will be available on COST's YouTube channel after the webinar
- The slides will be made available on the **event page** after the webinar <https://www.cost.eu/cost-events/online-cost-info-day-2024/>
- Questions during the session?
  - Zoom attendees can post their questions on the webinar chat
  - YouTube viewers can post their questions on the live streaming chat
- Questions after the session? Contact us at [events@cost.eu](mailto:events@cost.eu)





# Programme

- 10:00 **Welcome and introduction about COST**  
Dr Ronald de Bruin, Director of the COST Association
- 10:10 **What is COST and how to participate in a COST Action?**  
Ms Salomé Moezzi-Gacon, COST Governance Officer
- 10:30 **How to submit an application?**  
Dr Angelo Basteris, Science Officer
- 10:50 **Which networking activities are funded within COST Actions ?**  
Ms Carmencita Malimban, COST Administrative Officer
- 11:00 **What are the benefits of participating in COST ?**  
Dr Ciaran Mac Donncha, University of Limerick, COST Action representative
- 11:15 **Q&A**
- 11:30 **End of the session**



# Introduction about COST

Dr Ronald de Bruin, Director of the COST  
Association



# European Cooperation in Science & Technology



## MISSION

COST provides networking opportunities for researchers and innovators in order to strengthen Europe's capacity to address scientific, technological and societal challenges

## VISION

*Europe's most empowering research programme*

## STRATEGIC PRIORITIES

Promoting and spreading excellence

Fostering interdisciplinary research for breakthrough science

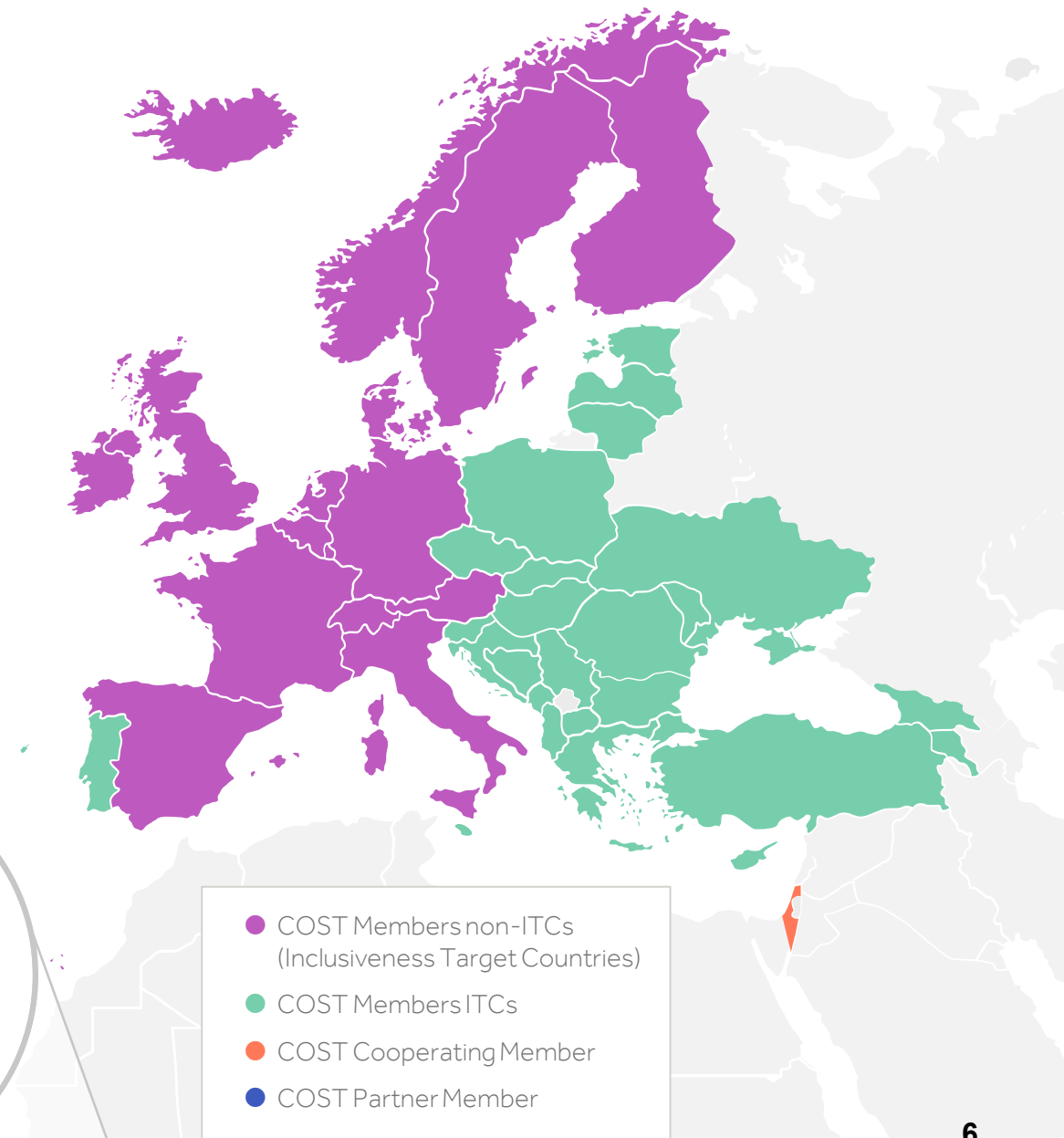
Empowering and retaining young researchers

# COST

## Membership

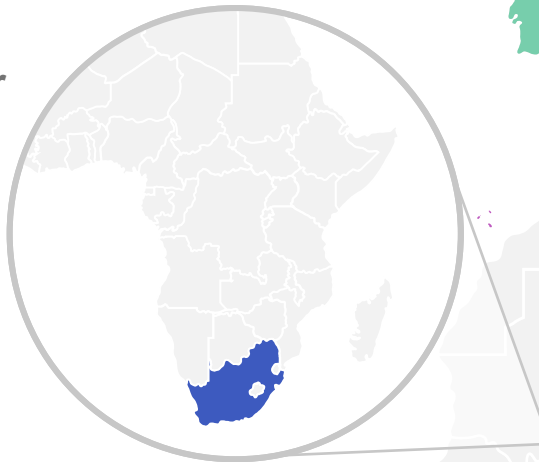
### 41 FULL COST Members

- |                          |                                   |                  |
|--------------------------|-----------------------------------|------------------|
| ● Albania                | ● Germany                         | ● Norway         |
| ● Armenia                | ● Greece                          | ● Poland         |
| ● Austria                | ● Hungary*                        | ● Portugal       |
| ● Belgium                | ● Iceland                         | ● Romania        |
| ● Bosnia and Herzegovina | ● Ireland                         | ● Serbia         |
| ● Bulgaria               | ● Italy                           | ● Slovakia       |
| ● Croatia                | ● Latvia                          | ● Slovenia       |
| ● Cyprus                 | ● Lithuania                       | ● Spain          |
| ● Czech Republic         | ● Luxembourg                      | ● Sweden         |
| ● Denmark                | ● Malta                           | ● Switzerland    |
| ● Estonia                | ● The Republic of Moldova         | ● Türkiye        |
| ● Finland                | ● Montenegro                      | ● Ukraine        |
| ● France                 | ● The Netherlands                 | ● United Kingdom |
| ● Georgia                | ● The Republic of North Macedonia |                  |



**1** Cooperating Member **1** Partner Member

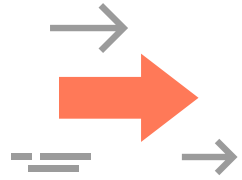
● Israel ● South Africa



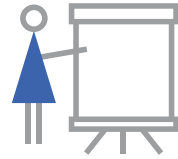
- COST Members non-ITCs (Inclusiveness Target Countries)
- COST Members ITCs
- COST Cooperating Member
- COST Partner Member



# Key figures



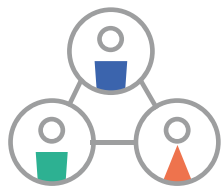
**292**  
Running Actions



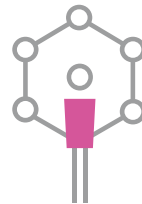
**275**  
Training schools



**€155,500**  
Average annual budget  
of a COST Action



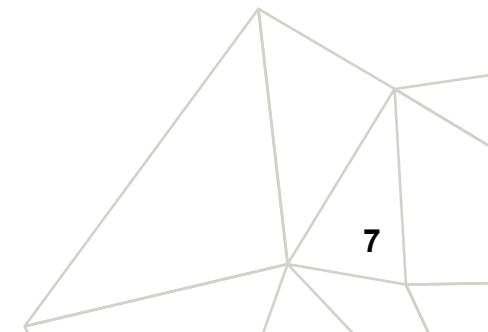
**2,113**  
Short-term  
scientific missions



**50,000**  
Researchers involved  
in COST Actions



**€153 million**  
COST budget  
(in Horizon Europe for a 3-year period)



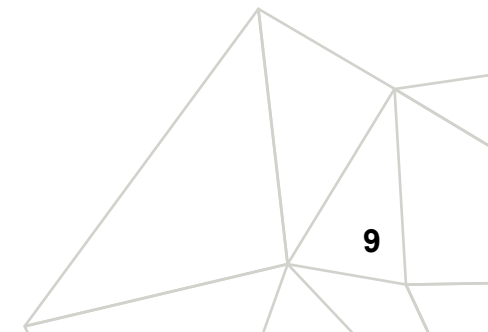


# How does it work?





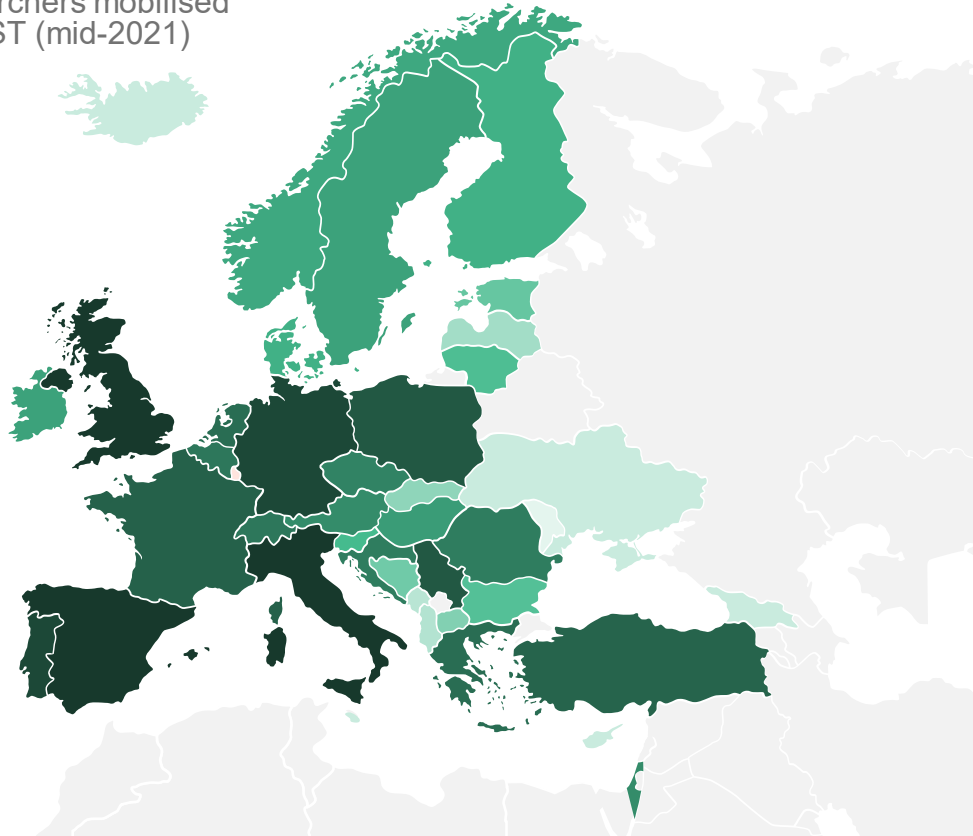
# COST and the Strategic Priorities



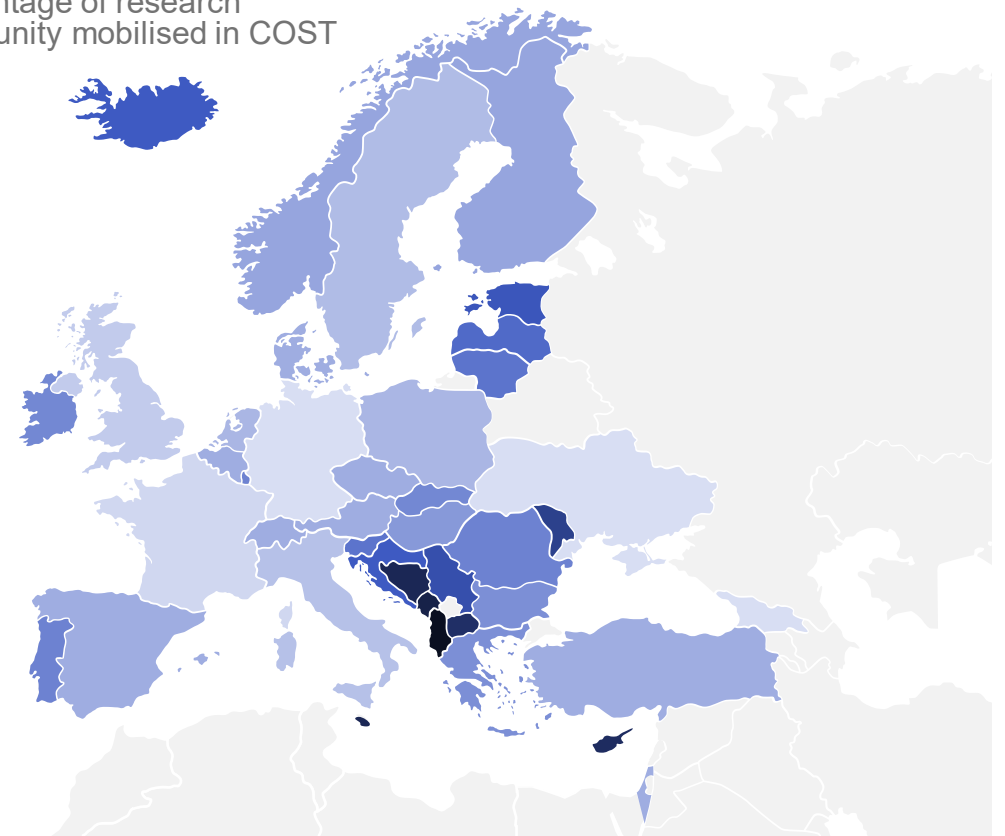
# Priority 1

## PROMOTING AND SPREADING EXCELLENCE

Researchers mobilised  
in COST (mid-2021)

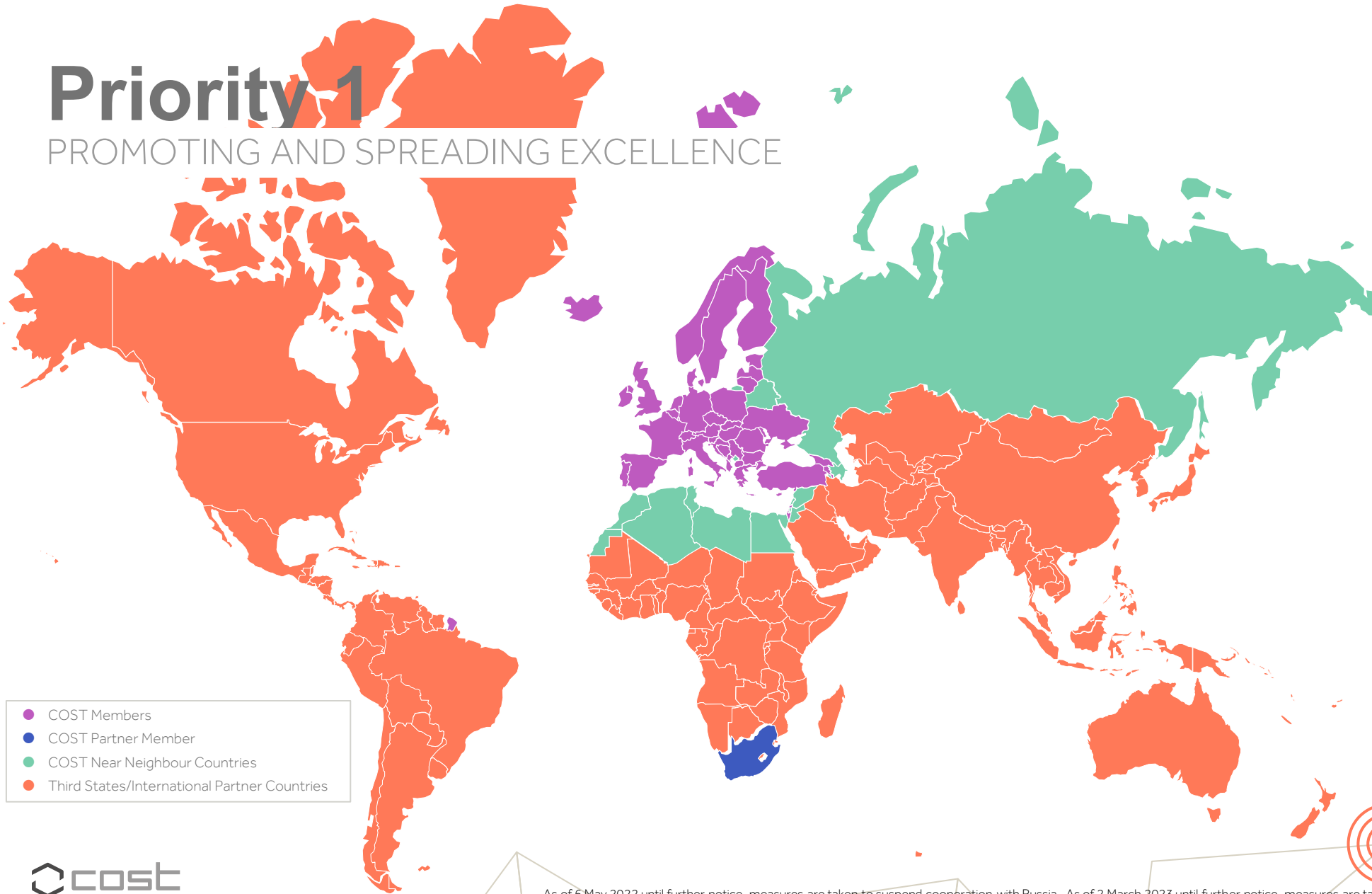


Percentage of research  
community mobilised in COST



# Priority 1

PROMOTING AND SPREADING EXCELLENCE

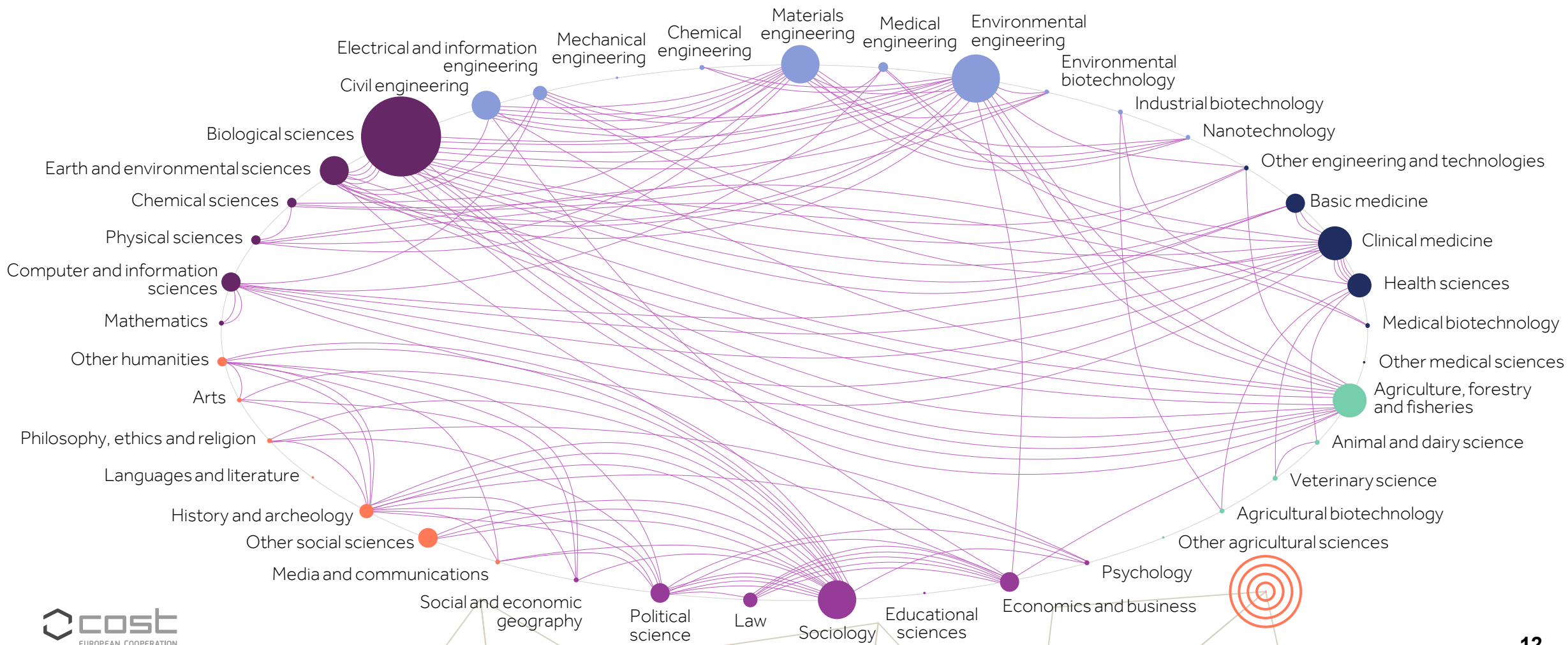


- COST Members
- COST Partner Member
- COST Near Neighbour Countries
- Third States/International Partner Countries



# Priority 2

FOSTERING INTERDISCIPLINARY RESEARCH FOR BREAKTHROUGH SCIENCE



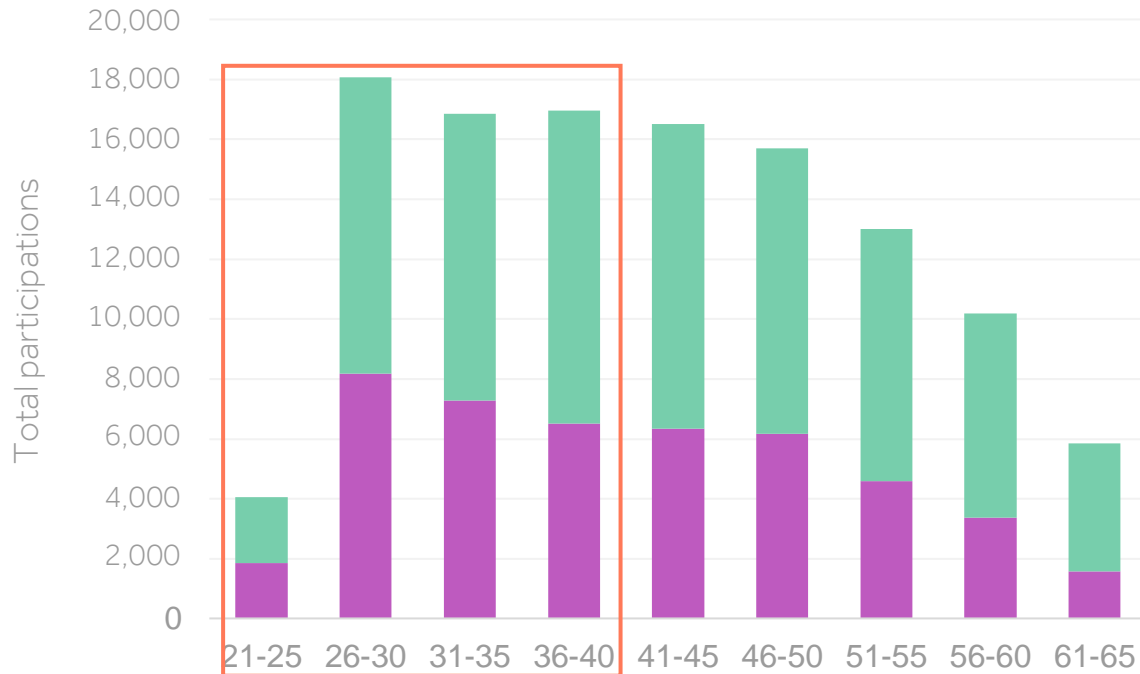


# Priority 3

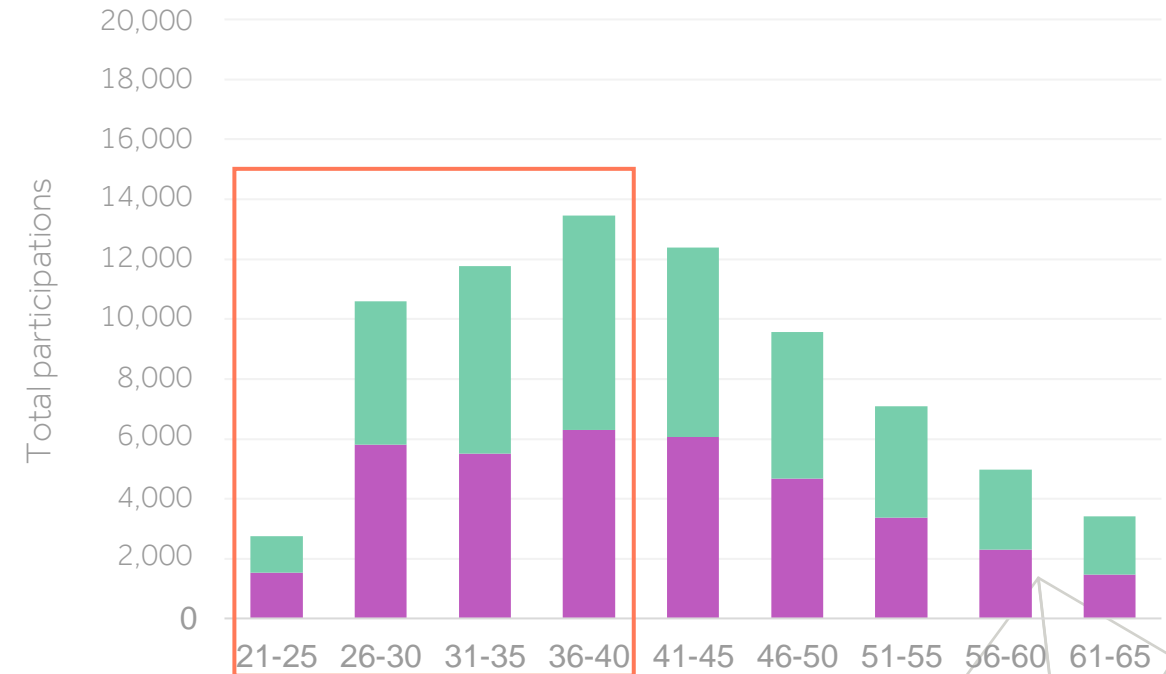
EMPOWERING AND RETAINING YOUNG RESEARCHERS

Data from Horizon 2020 (2014-2021)

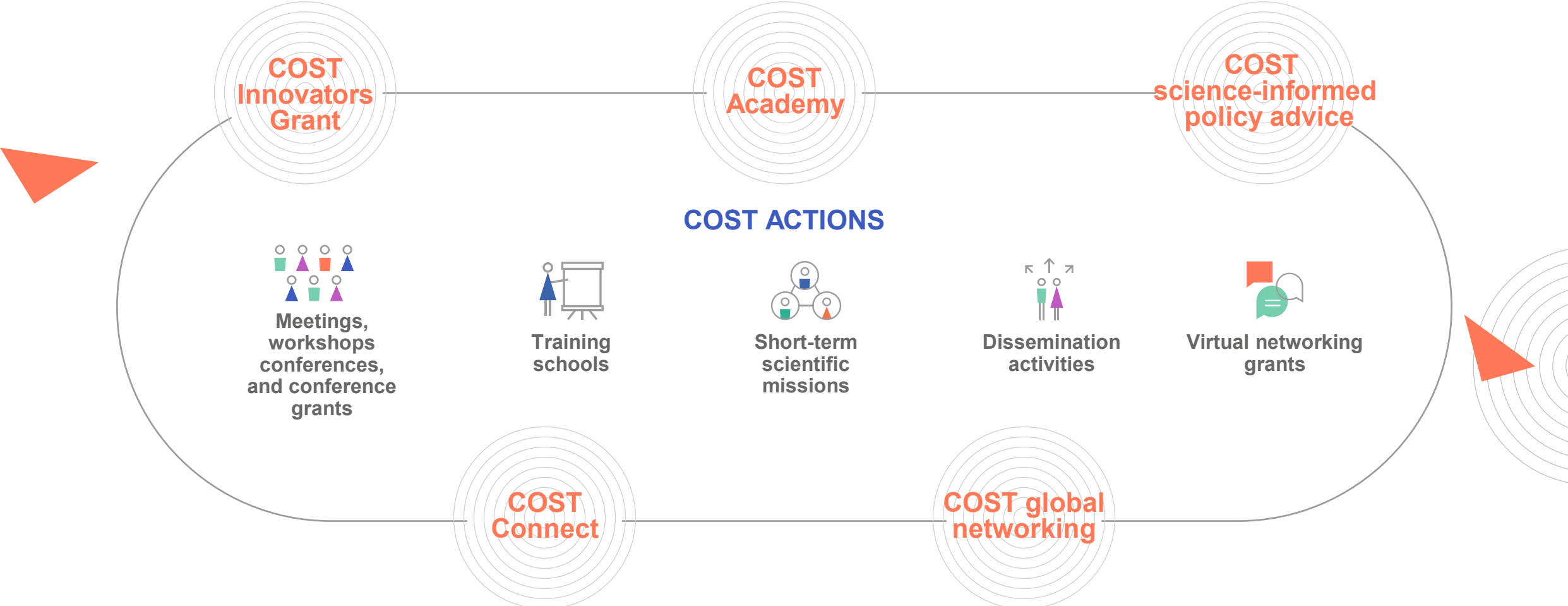
### Other Countries



### Inclusiveness Target Countries



# Implementing COST's strategic priorities

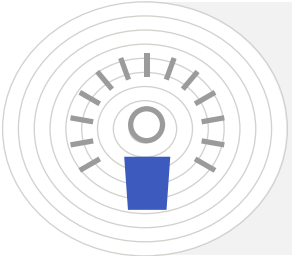


# Impact



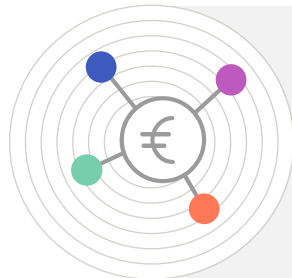
## Scientific and societal impact

- Scientific discoveries and breakthroughs, development of new research infrastructures, adoption of common standards, technological applications in the form of products and services, etc.



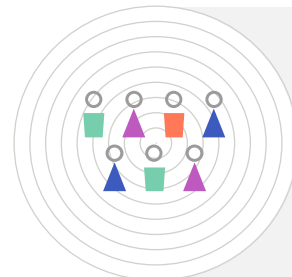
## Research careers

- 85% of researchers participating in COST Actions indicate that participation has led to career advancement



## Follow-up funding

- Horizon 2020 reported success rate: 39% (on a yearly basis, around €450 million of approved common research projects spin off from ending Actions)



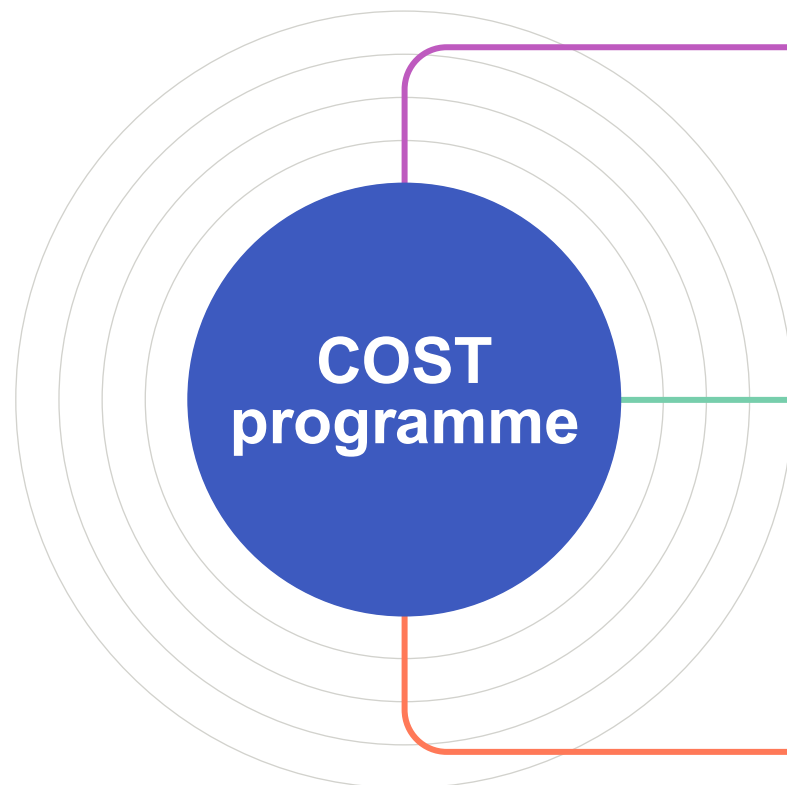
## Co-Publications

- Co-publications between active COST Action participants see an increase of about 55% compared to general co-publications

# The value of networking

## Participation in COST Actions

Follow-up proposals have a success rate of more than **39%**



**60 Actions**  
end every year  
(on average)



**€5.8 million spin-off**  
funding per Action  
(on average)



**€2.6 billion across**  
Horizon 2020





# What is COST and how to participate in a COST Action?

Ms Salomé Moezzi-Gacon, Governance Officer

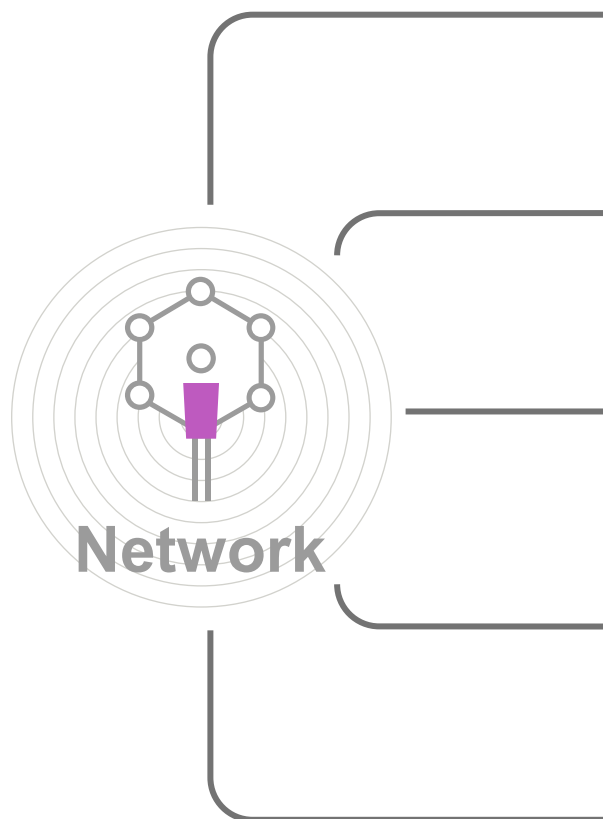


# COST Actions

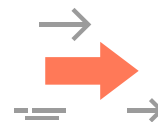
AN EFFICIENT NETWORKING TOOL

**COST provides funding** for research coordination and capacity building activities

COST is not funding research itself, but pooling resources and research results by networking



Memorandum of Understanding



4 years



Min 7 countries, average participation 30 countries



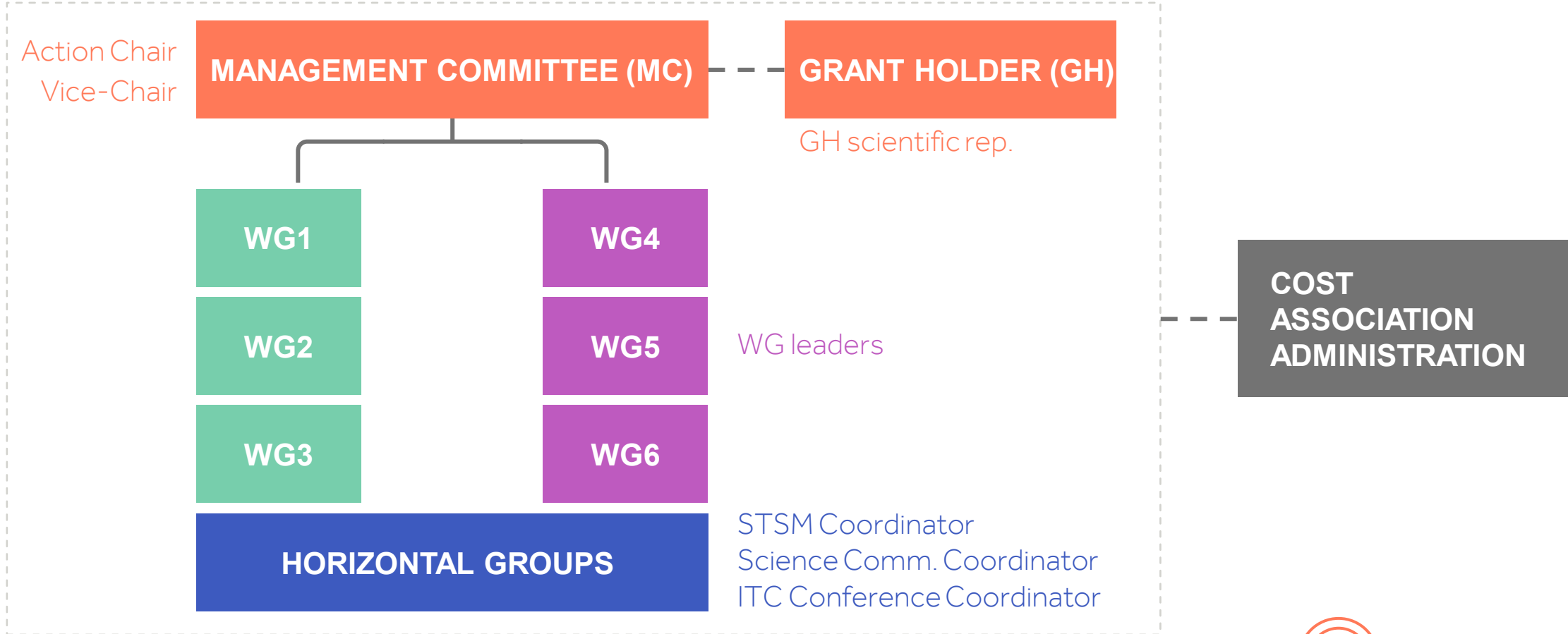
Research coordination and capacity building activities



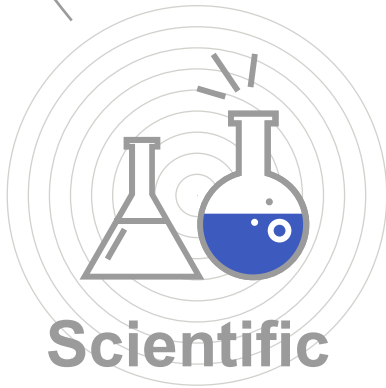
~ €600,000 over lifetime

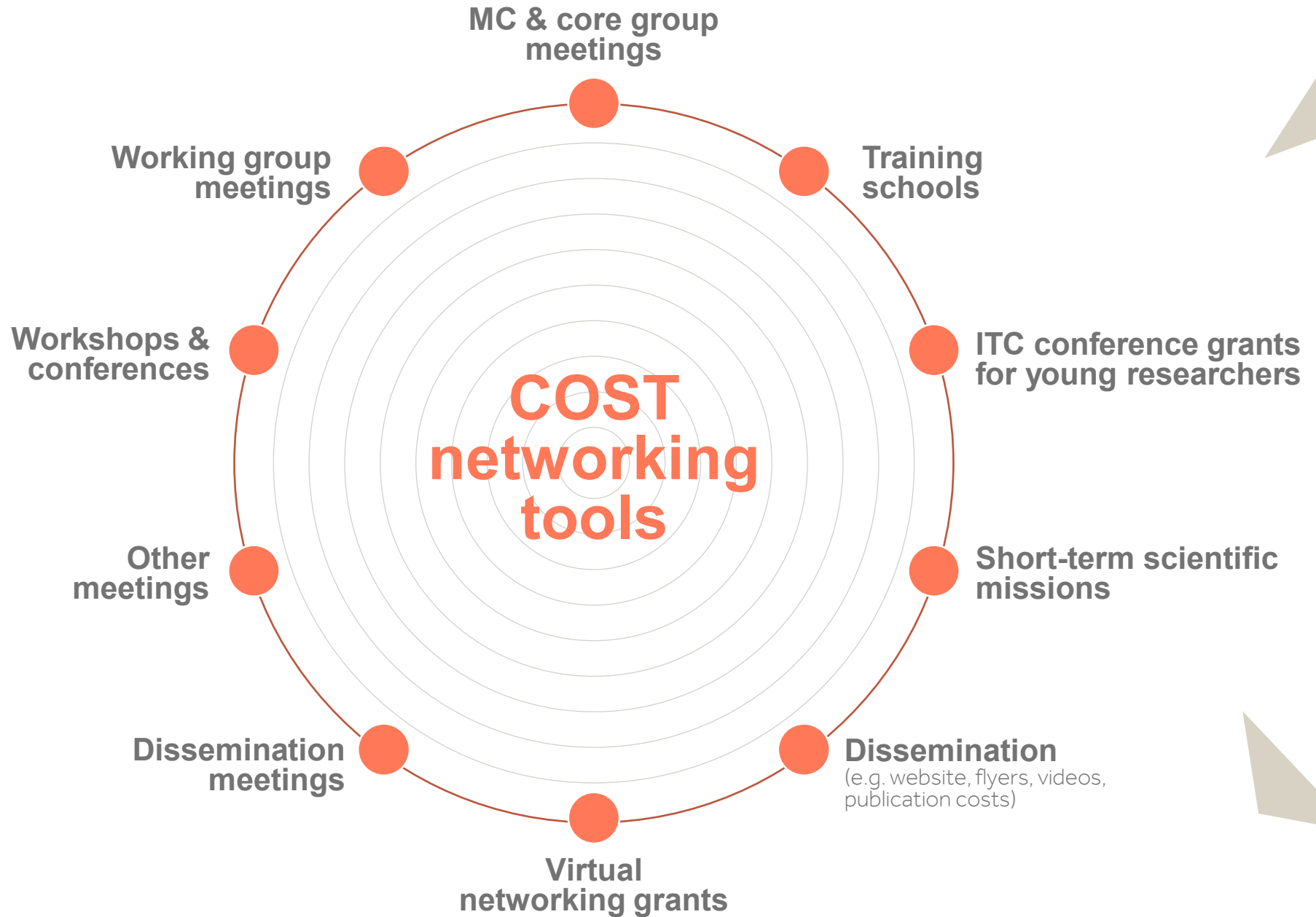
# COST Action structure

## LEADERSHIP POSITIONS



# Benefits of participating in a COST Action

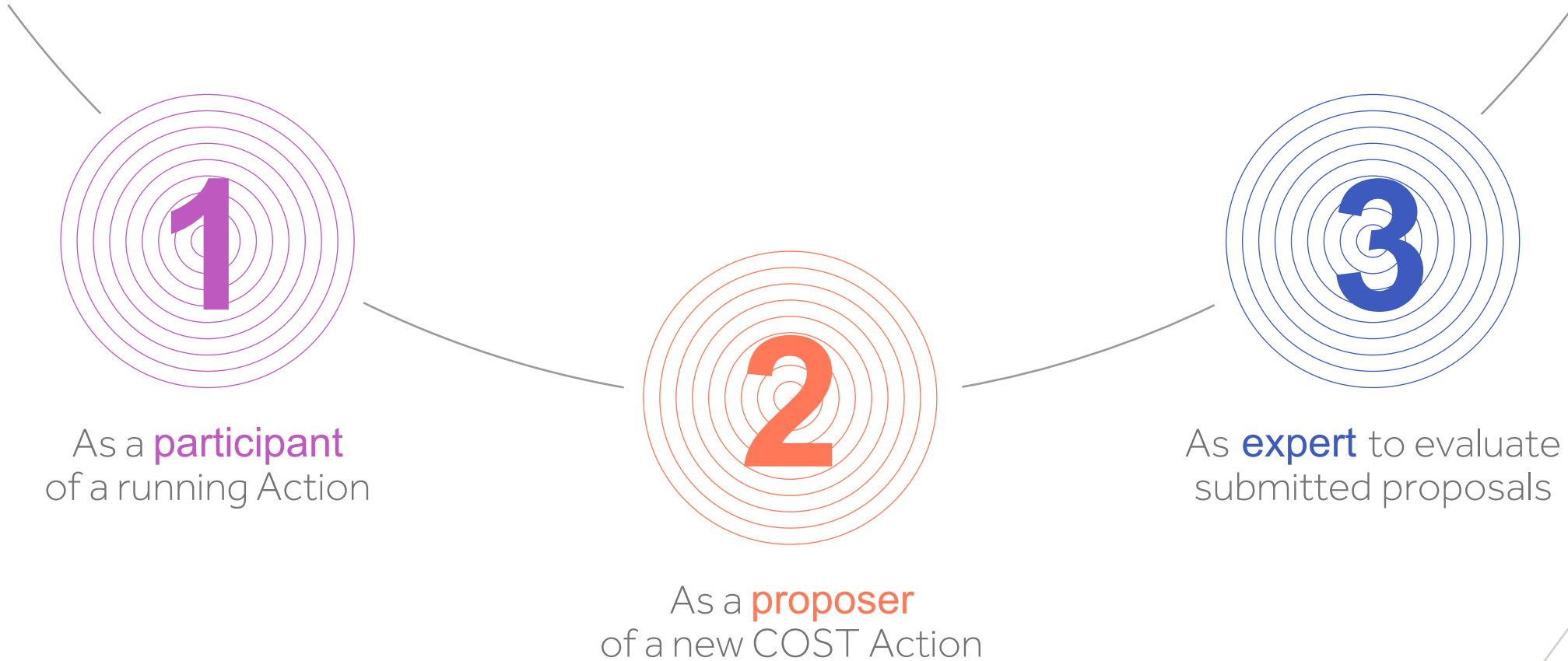




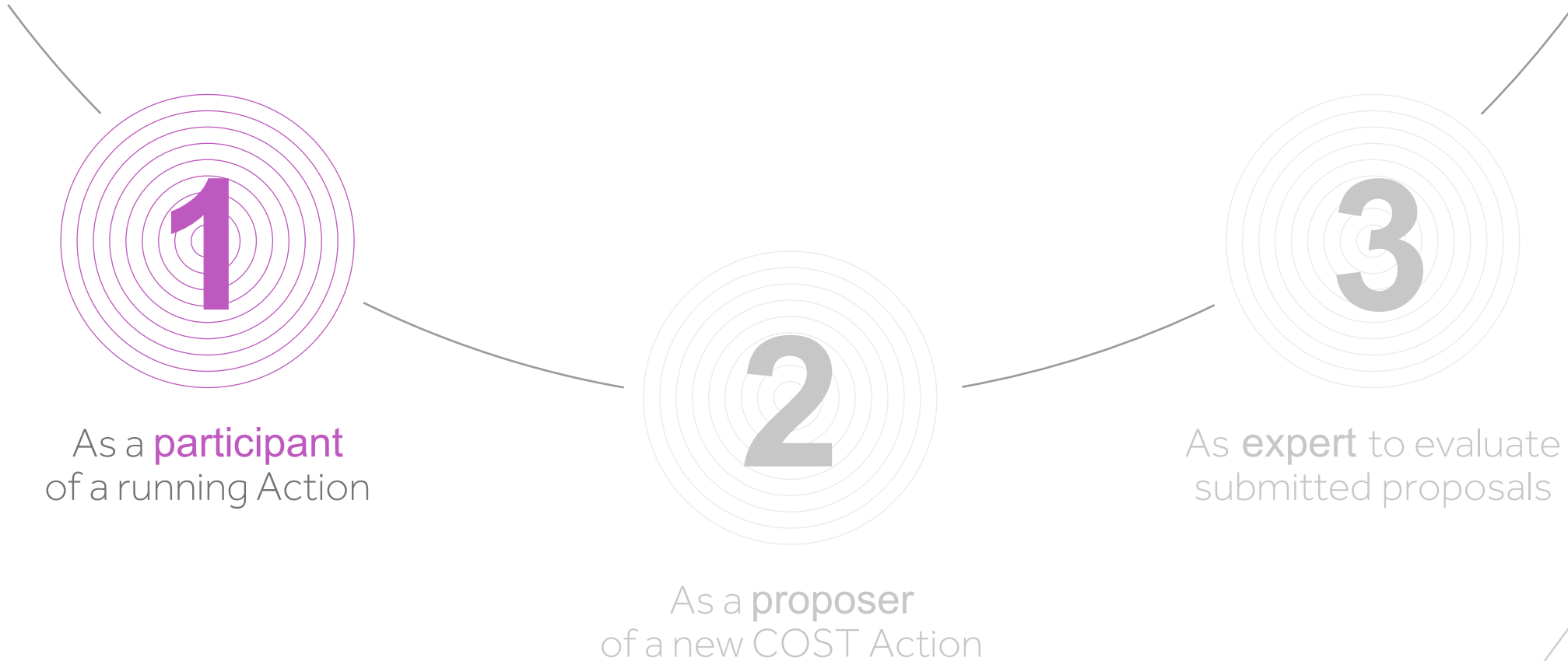
# How to engage with COST?



# How to engage with COST?

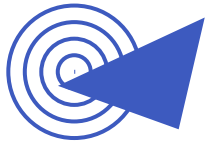


# How to engage with COST?



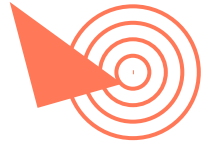


# As a participant in a running Action

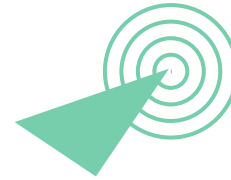


## FIND THE ACTION IN YOUR FIELD

of interest on the COST website



**READ THE PROJECT PLAN** (MoU) – identify your potential contribution



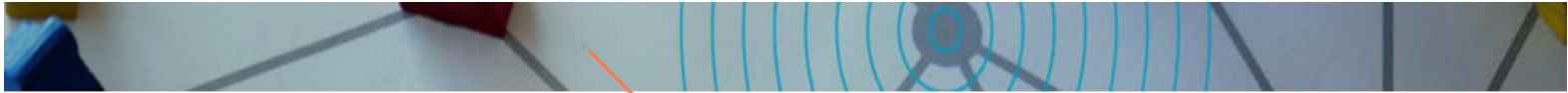
**BROWSE THE ACTION'S OWN WEBSITE** – check their activities



**IDENTIFY THE OPPORTUNITIES** to join the Action and your contact person



The image shows a screenshot of the COST website's navigation menu. The header includes the COST logo (European Cooperation in Science & Technology) and several menu items: 'COST Actions', 'Funding', 'COST Academy', and 'About'. A green button labeled 'Open call' with the subtext 'Fund your network' is also visible. A dropdown menu is open under 'COST Actions', listing several options: 'What are COST Actions?', 'Browse Actions' (circled in red), 'Success stories', 'Action Networking tools' (with subtext 'Additional Activities for Actions' and 'COST Connect'), 'COST Innovators Grant', and 'Become an external expert'. The background features a large graphic of interlocking gears and a target symbol.




[Home](#) > [COST Actions](#) > Browse Actions

Search in Title Only

More filters ▾

Show: 10 ▾ Order by: Approval Date ▾ ⌵

 **IG18130** 01/09/2023 - 31/10/2024  
AIR particulate reference material for elemental quantification and CALibration procedures. (IG18130)

 **IG18128** 01/09/2023 - 31/10/2024  
Sharing Heritage and Archaeological Data Effectively (IG18128)



# 1. As a participant in a running Action



## **AS A MANAGEMENT COMMITTEE (MC) MEMBER**

(contact the COST National Coordinator)



## **AS A WORKING GROUP (WG) PARTICIPANT**

(contact the WG leader)



## **AS A PARTICIPANT IN ACTION ACTIVITIES**

short-term scientific mission, ITC conference grant, training school, workshop/conference,...

(check the Action's website, contact the chair or the national MC member)

# Management Committee member

The role of the Action MC shall be to:

- Take necessary actions to meet the aims and objectives of the COST Action by assuring all relevant aspects of the management of the network, stakeholder engagement and dissemination of results;
- Contribute to the COST mission and strategic priorities.
- Represent the COST Member State's national community of researchers and innovators on the Action's topic.

Action MC Members or Observers shall:

- Actively participate to the work of at least one WG;
- Serve and represent their COST Member or Specific Organisation's community in order to:
  - coordinate the input to the Action at national level or inside a Specific Organisation;
  - disseminate opportunities arising within the Action at national level or inside a Specific Organisation; and
  - report to the Responsible for nomination as required.

# Working Group member

Working Group members and individuals with an affiliation to a legal entity

- The objectives of Working Groups (WG) are to perform the tasks required for a COST Action to fulfil its scientific objectives in line with those objectives defined in the MoU.
- WG members shall actively participate to the WG activities and coordination of research efforts.



# Becoming a member of a Working Group (WG)

Apply via the COST website - MC members as well

WG preference, Scientific Background, Motivation, WG contribution

Approved WG members will appear on the Action page of the COST website



[Home](#) > [Browse Actions](#) > Establishing Networks to Implement the Principles on Effective Interviewing for Investigations (IMPEMENDEZ)

Description Management Committee Main Contacts and Leadership **Working Groups and Membership**

## Working Groups

Number	Title	Leader
1	Investigation, Interviewing, Interrogation Themes	TBA
2	Law, Human Rights, Criminal Justice Themes	TBA
3	Vulnerability Themes	TBA
4	Institutional and Governmental Leadership Themes	TBA

Express your interest to join any of the working groups by applying below.

It is required to have an e-COST profile to submit your application. If needed, [create it first](#) and then click 'Apply'.

Apply

### Action Details

- MoU - 038/23
- CSO Approval date - 12/05/2023
- Start date - 05/10/2023
- End date - 04/10/2027

### How can I participate?

- Read the Project Description [MoU](#)
- Inform the Main Proposer/Chair of your interest ([email](#))
- [Apply](#) to join your Working Groups of interest
- Please note, Management Committee nominations are carried out through the [COST National Contact Points](#)

# Participant in Action Activities

- Short-Term Scientific Mission (STSM)
- ITC conference grant
- Dissemination Conference Grant

The screenshot shows the 'Apply for new Grant' page on the COST Action website. The page is titled 'Apply for new Grant' and features a navigation menu on the left with options: 'COST Actions', 'Grant Periods', 'Grant Applications' (highlighted), and 'Grant Applications Monitoring'. The main content area is divided into several sections, each with a title and a description of a grant type, followed by a 'Continue' button. The sections are:

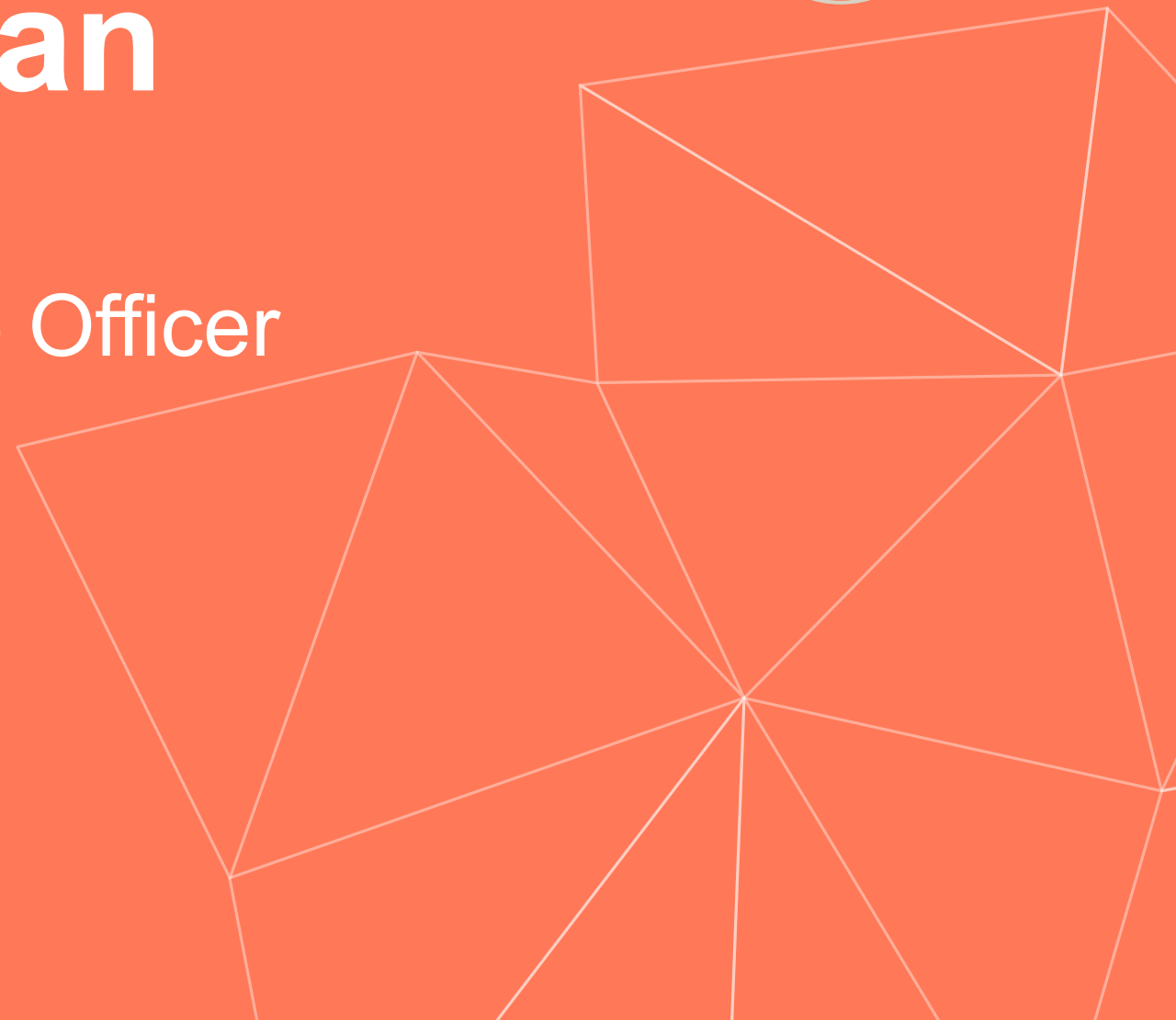
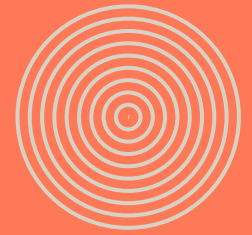
- Mobility of researchers and innovators**
  - Short-Term Scientific Mission grant**: Visit of a host organization located in a different country than the country of affiliation by a Researcher or Innovator for the specific work to be carried out and for a determined period of time. The grantee receives funding for implementing a project with an international team and gains new knowledge or access to equipment or techniques not available in the home institution. **Continue** button highlighted with a red arrow.
  - Virtual Mobility grant**: Financial support for Researchers or Innovators (with a primary affiliation to an institution located in a COST Full or Cooperating Member country or from a COST Near Neighbour Country) to foster collaboration in a virtual setting, to exchange knowledge, learn new techniques, etc. **Continue** button.
- Presentations at conferences organised by third parties**
  - Dissemination Conference grant**: Financial support to Action participant for their participation in high-level conferences to present the Action, their activities, and results (oral presentation) and for developing new contacts and potential future collaborations. **Continue** button.
  - ITC Conference grant**: Financial support for Young Researchers and Innovators affiliated in an Inclusiveness Target Country / Near Neighbour Country for their participation in high-level conferences. The grantee receives support for attending and presenting their work (poster/oral presentation) at a conference and can establish new contacts for future collaborations. **Continue** button highlighted with a red arrow.
- Virtual Networking Support**
  - Virtual Networking Support grant**: Assessing and supporting the new forms of collaboration in a virtual and hybrid settings. This aims to be a complement to traditional ways of collaboration within the research and innovation communities and among the members of a given Action. **Continue** button.

At the top of the page, there is a 'cost' logo, a 'DEBUG' button, a timestamp 'Database from: 07/12/2023 at 01:15:48', and a user profile 'David Walsh' with a dropdown arrow. There are also icons for 'Contact Us', an envelope, a red horse, and a gear.

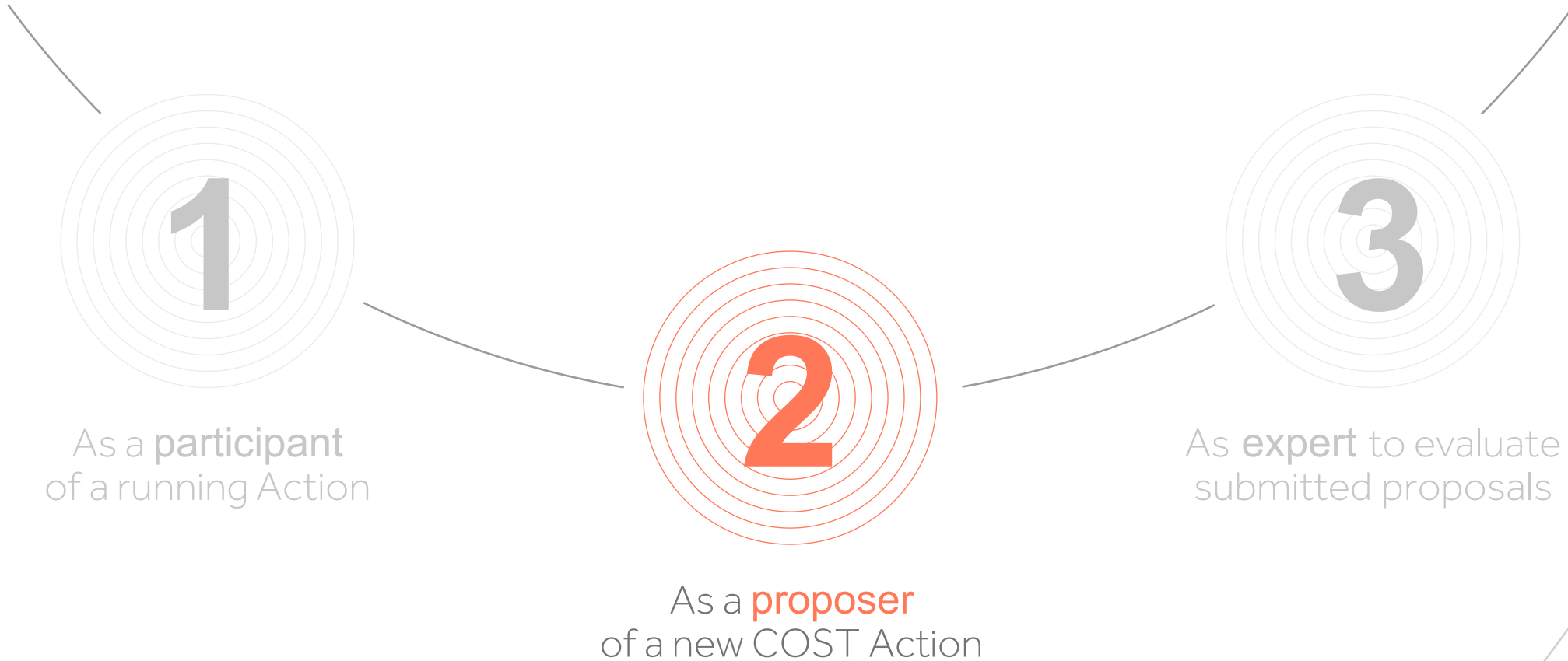


# How to submit an application?

Dr Angelo Basteris, Science Officer



# How to engage with COST?



# Eligibility criteria

COST Action proposals must:



Represent a Network of Proposers from at least 7 different COST Full or Cooperating members (at least 50% shall be from Inclusiveness Target Countries)



Be original and on peaceful purposes



Make use of the Technical Annex template and respect word and page limits



Be written in English



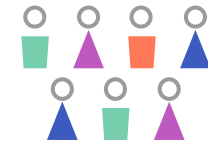
Be anonymous



# Proposals



**GENERAL  
FEATURES**



**NETWORK OF  
PROPOSERS**



**TECHNICAL  
ANNEX**

([www.cost.eu](http://www.cost.eu))

1. S&T Excellence
2. Networking Excellence
3. Impact
4. Implementation



**COST EXCELLENCE AND  
INCLUSIVENESS POLICY  
SPECIFIC OBJECTIVES**





# Proposals



## GENERAL FEATURES

1. Acronym
2. Summary
3. Keywords
4. Areas of expertise for evaluation



# Proposals



GENERAL  
FEATURE  
S



## TECHNICAL ANNEX

([www.cost.eu](http://www.cost.eu))

1. S&T Excellence
2. Networking Excellence
3. Impact
4. Implementation

# Open Call for proposals

TECHNICAL ANNEX



## SECTIONS

**1.** S&T EXCELLENCE

**2.** NETWORKING  
EXCELLENCE

**3.** IMPACT

**4.** IMPLEMENTATION

## SUB-SECTIONS

**1.1** Soundness of the challenge  
**1.2** Progress beyond the state-of-the-art

**2.1** Added value of networking in S&T excellence  
**2.2** Added value of networking in impact

**3.1** Impact to science, society and competitiveness,  
and potential for innovation/breakthroughs  
**3.2** Measures to maximise impact

**4.1** Coherence and effectiveness of the work plan

- Max. 15 pages
- Diagrams and figures accepted
- References in an e-COST section (outside of the Technical Annex)

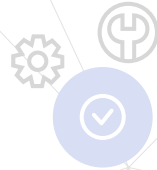




# Proposals



## GENERAL FEATURES



## TECHNICAL ANNEX

1. S&T excellence
2. Networking Excellence
3. Impact
4. Implementation

## COST EXCELLENCE AND INCLUSIVENESS POLICY SPECIFIC OBJECTIVES





# COST Excellence and Inclusiveness Policy

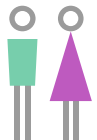
## PROMOTING



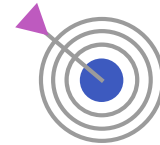
**GEOGRAPHICAL  
BALANCE** (ITC)



**AGE BALANCE**  
(young researchers)



**GENDER BALANCE**  
throughout its activities



## OBJECTIVES

**1.**

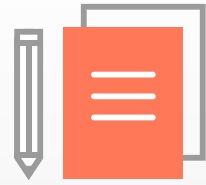
**Identifying excellence**  
in science and technology  
across Europe

**2.**

**Increasing research  
communities'** access  
to funding and infrastructures

**3.**

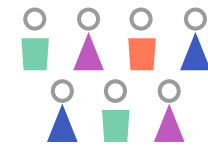
**Triggering structural changes**  
in COST Members' national  
research systems



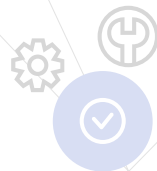
# Proposals



**GENERAL  
FEATURES**



**NETWORK  
OF  
PROPOSERS**



**TECHNICAL  
ANNEX**

1. S&T excellence
2. Networking Excellence
3. Impact
4. Implementation



**COST EXCELLENCE AND  
INCLUSIVENESS POLICY  
SPECIFIC OBJECTIVES**



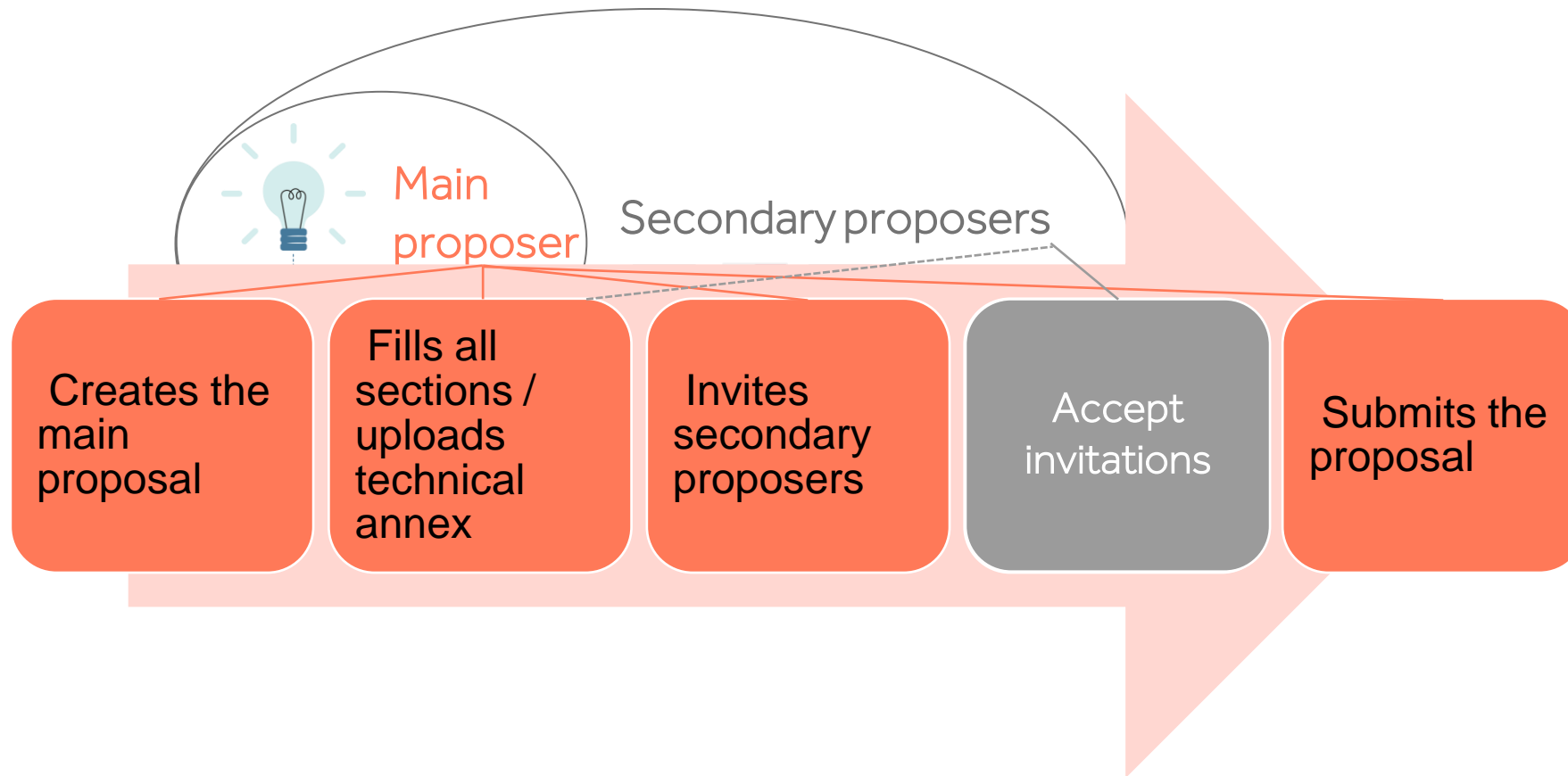
# Submission is through e-COST

<https://www.cost.eu/ecost>

The screenshot displays the e-COST submission interface on a monitor. The interface is divided into several sections:

- Sidebar (Left):** Contains navigation links: Overview, General Features (highlighted), Technical Annex, References, COST Mission and Policies, Network, Documents, and « My Proposals».
- Main Form (Center):**
  - Main Proposer Institution:** Brussels Free University - COST Country Institutions
  - Title (Maximum 12 words):** Organ Donor Network
  - Acronym (max 60 characters):** OrgDonNet
  - Keyword 1 (max 60 characters):** Database
  - Keyword 2 (max 60 characters):** Transplantation
  - Keyword 3 (max 60 characters):** Donour
  - Keyword 4 (max 60 characters):** (empty)
  - Summary:** Maximum 250 words
- Rich Text Editor (Center):**
  - Contains a sample text: "About five percent European citizens suffers from organ malfunctioning. Living donor transplantation is often the most effective treatment and the alternative of deceased donor transplantation is severely limited by availability. As approximately 50% of living donors are incompatible with their specified recipient, several European countries have independently developed organ exchange programmes. Exchange programmes aim to match donors optimally to recipients for organ exchange within the population of recipient-donor pairs."
  - Shows a word count of 68.
- Checklist (Right):**
  - Proposal Reference: OC-2017-1-21892
  - Proposal Status: Draft
  - Checklist:
    - ✓ General Features
    - ✗ Technical Annex (1 issue)
    - ✓ COST Policies
    - ✗ Network (1 issue)
  - Buttons: Generate PDF, Ready to submit?
- AREAS OF EXPERTISE NEEDED FOR EVALUATION (Bottom):**
  - Science Field:** Health Sciences
  - Research Area:** Health Services, Health Care Research

# Main and secondary proposers



All (main and secondary) proposers must have a COST account:

<https://www.cost.eu/ecost>

# Evaluation and Selection

SUBMISSION EVALUATION SELECTION APPROVAL

## STEP ①

### EXTERNAL REMOTE EVALUATION

- 3 Independent External Experts
- Technical Annex

## STEP ②

### REVISION AND QUALITY CHECK BY REVIEW PANELS

## STEP ③

### SELECTION BY THE SCIENTIFIC COMMITTEE

COST policy  
and objectives

# Evaluation criteria



## S&T EXCELLENCE

- Soundness of the challenge
- Progress beyond the state-of-the-art



## 3 QUESTIONS

Total marks for the section  
**= 15 points**



## NETWORKING EXCELLENCE

- Added value of networking in S&T excellence
- Added value of networking in Impact



## 3 QUESTIONS

Total marks for the section  
**= 15 points**



## IMPACT

- Impact to science, society and competitiveness, and potential for innovation/breakthroughs
- Measures to maximise impact



## 3 QUESTIONS

Total marks for the section  
**= 15 points**



## IMPLEMENTATION

- Coherence and effectiveness of the work plan



## 1 QUESTION

Total marks for the section  
**= 5 points**

**TOTAL MARKS AWARDED = 50 points - OVERALL THRESHOLD = 34 points**

# Approval

SUBMISSION EVALUATION SELECTION APPROVAL

## STEP ①

### EXTERNAL REMOTE EVALUATION

- 3 Independent External Experts
- Technical Annex

## STEP ②

### REVISION AND QUALITY CHECK BY REVIEW PANELS

## STEP ③

### SELECTION BY THE SCIENTIFIC COMMITTEE

COST policy  
and objectives

## STEP ④

### APPROVAL BY COST COMMITTEE OF SENIOR OFFICIALS

Results 7-8  
months after  
submission



The next collection date will be  
**23 October 2024 at 12.00 (noon) CEST**



# Some tips



No budget draft/information is needed in the proposal

The following collection date is expected in Autumn 2025

Proposers are individuals (and not their entities of affiliation)

Use and don't change the template  
(Documents and Guidelines on the COST website)

Be careful about anonymity  
(check what is and what is not an anonymity breach)

e-COST allows re-submission  
(submit draft days in advance, check submission and resubmit as update if needed)

# Resources



## How to apply

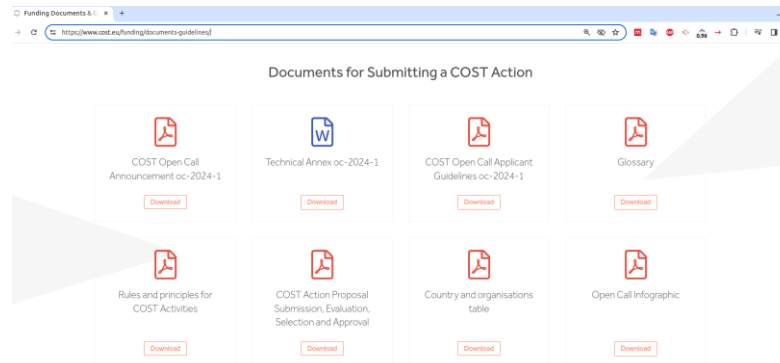
<https://www.cost.eu/how-to-apply>

## Documents and guidelines

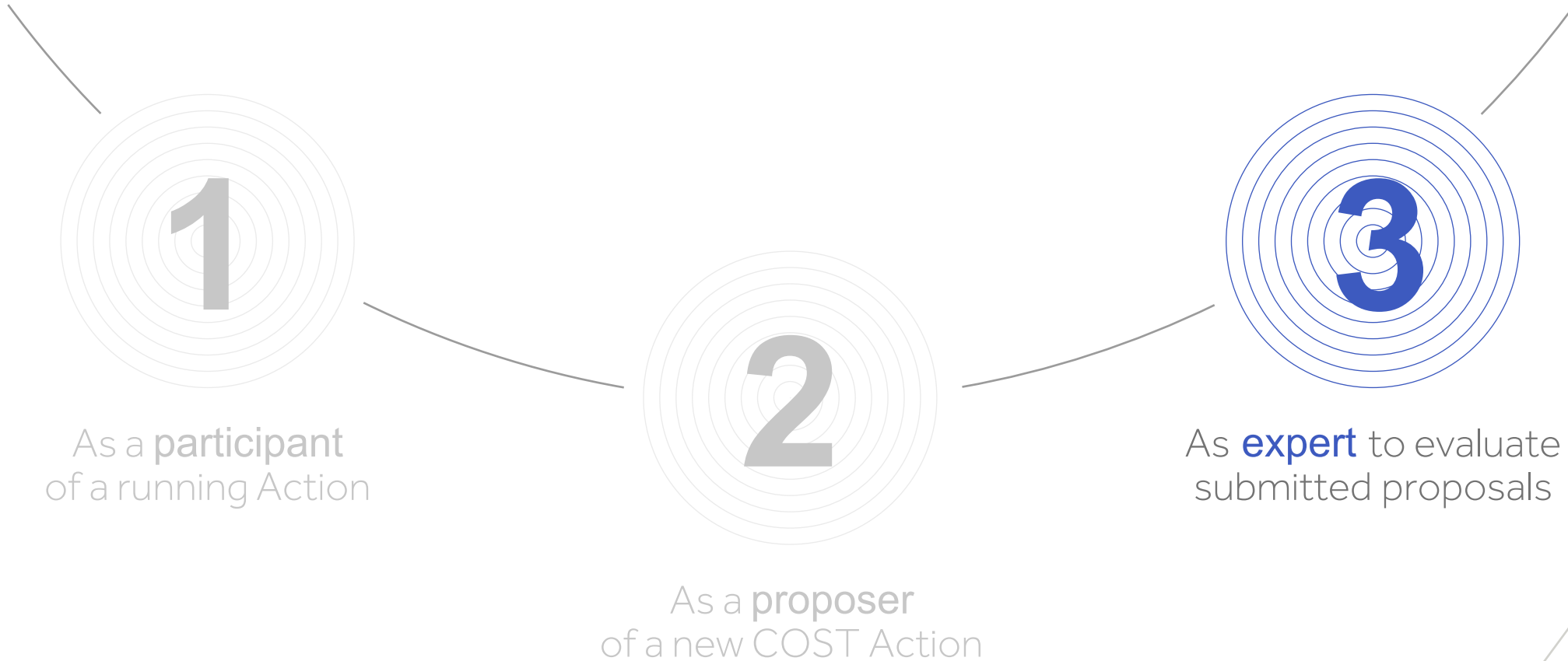
<https://www.cost.eu/funding/documents-guidelines/>

- Open Call Announcement
- Technical Annex template
- Open Call Applicant Guidelines

[www.COST.eu](http://www.COST.eu)  
[opencall@cost.e](mailto:opencall@cost.e)



# How to engage with COST?





# As external expert

**As a COST Expert,**  
you will have the opportunity to

**Contribute** to the  
evaluation of COST  
Open Call proposals



**Participate** in the  
assessment of Action  
results and outcomes



# Which networking activities are funded within COST Actions ?

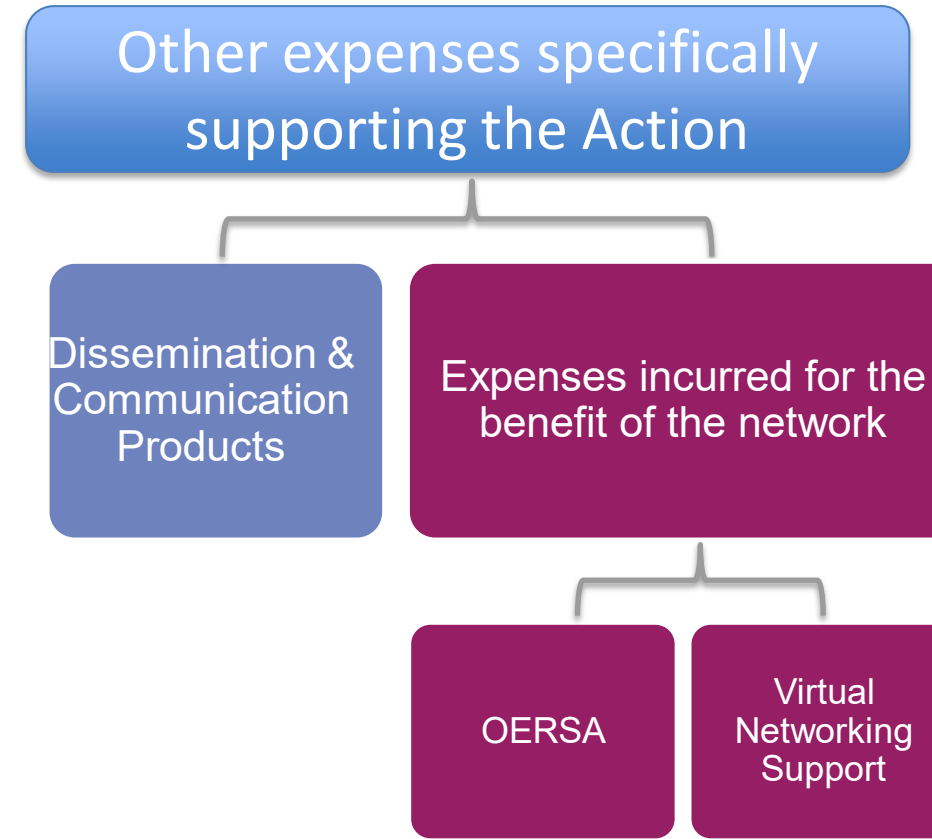
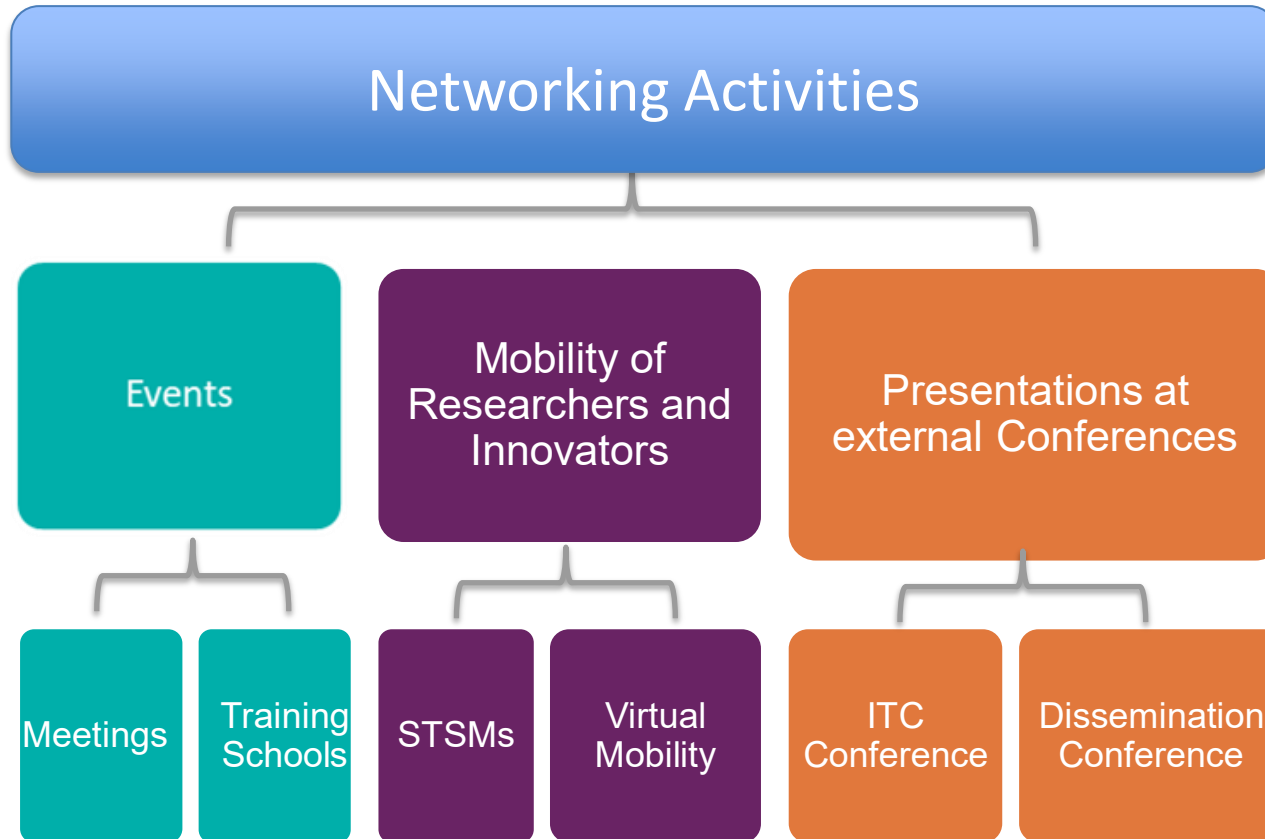


Ms Carmencita Malimban, COST Senior Administrative  
Officer





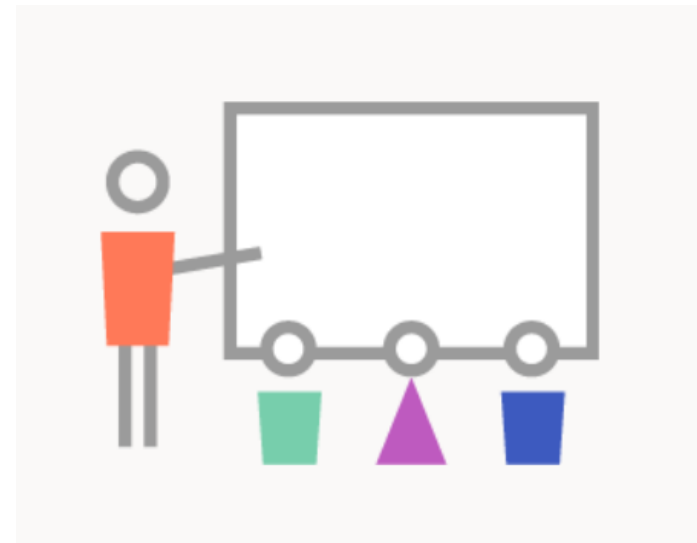
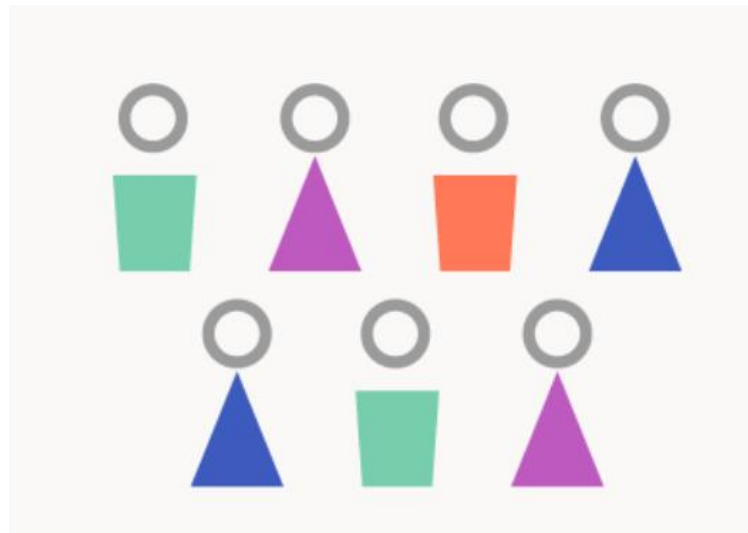
# What can be funded?





# Local Organiser Support

- Financial contribution to organize Meetings and Training Schools



# Events



## Meetings

- MC and WG members, Invited Speakers, ad hoc members

## Training Schools

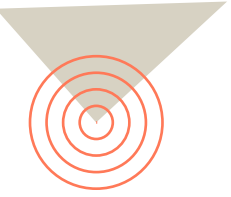
- Trainers / Trainees

Travel reimbursement  
of the expenses  
incurred for attending  
COST events





# Short-Term Scientific Mission (STSM)



## WHAT:

- Exchange visits aimed at supporting individual mobility, strengthening existing networks, fostering collaboration between COST Action participants
- Build capacity
- More than 90% of STSMs take place in COST countries, but can take place anywhere in the world



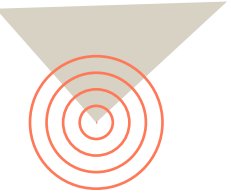
## WHERE:

To a host organisation located in a **different** country than the country of affiliation

## Grant AMOUNT:

Up to 4000 EUR,  
paid after report approval  
(after the STSM)

# ITC Conference Grants



## WHAT:

- Presentation of the own work given by a Young Researcher (age below 40) affiliated in an Inclusiveness Target Country / Near Neighbour Country for their participation in high-level conferences
- ITC Conference Grants support Young Researchers, establish a strong network and increase the visibility of the Action

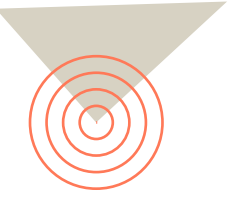
## WHERE:

To a high-level conference  
not organised by the Action itself  
anywhere in the world.

## Grant AMOUNT:

Up to 2000 EUR or 500 EUR (virtual),  
paid after report approval

# Dissemination Conference Grants



## WHAT:

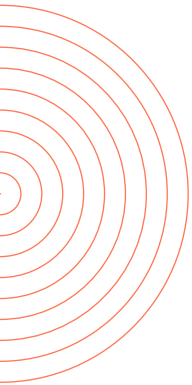
- Presentation of the results of the Action in high-level conferences as Invited Speaker
- To increase the visibility of the Action

## WHERE:

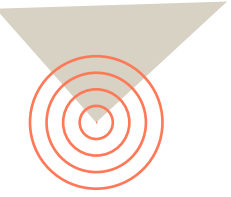
To a high-level conference  
not organised by the Action itself  
anywhere in the world

## Grant AMOUNT:

Up to 2000 EUR or 500 EUR (virtual),  
paid after report approval



# Virtual Mobility (VM) Grant



## WHAT:

A collaboration in a virtual setting among Action researchers or innovators to exchange knowledge, learn new techniques, etc.

## Grant AMOUNT:

Up to 1500 EUR,  
paid after report approval (after the VM)





**DE-PASS**

COST Info Day  
CA19101 - DEPASS  
March 27<sup>th</sup>, 2024  
10.00 – 11.30 (CET)

Prof Ciaran Mac Donncha, University of  
Limerick, Ireland





**DE-PASS**



# DEPASS – DEterminants of Physical Activities in Settings

# Benefits of COST Actions – Illustrated by:



**DE-PASS**

- Nature of Challenge – value of COST Action Network
- Research co-ordination and capacity building objectives
- Nature of WG and breath of deliverables
- Action networking tools – range, flexibility, value and impact
- Action outputs and key achievements
- Insights, opportunities and challenges
- DEPASS legacy phase

# Background of the Action



- **Action:** At proposal (Sept 2019) 35 Countries and 104 proposers. Today: 40 Countries, 36/42 COST Members (21/25 ITCs); 4 NNC/IPC; 300+.
- Proposal – 2<sup>nd</sup> attempt, feedback hugely valuable, multidisciplinary, gender, ITCs, policy makers, existing networks
- November 2020 – October 2024; Budget Approx: €160K/yr
- DEDIPAC – State of the Art 2017, articulated needs and gaps, build on momentum and unique focus
- Why COST – Network, Research Harmonisation & Sustainability
- **Challenge:** Establish a network of **multidisciplinary** stakeholders (**scientists and policy-makers**) who will identify, effectively measure and further understand setting **specific factors** which promote, maintain or inhibit **lifespan physical activity behaviours**. Meaningful **knowledge transfer** to policy makers is an essential characteristic.





# DE-PASS

## DEPASS



# Research Co-ord & Capacity Building Objs



**DE-PASS**

1. Use a settings approach (home, school, work etc.) to bridge the knowledge and translation gap;
2. Enact a multidisciplinary, Pan-European, international network of established, young researchers and innovators (YRIs) and policy makers;
3. Exploit, consolidate and further integrate existing relevant expertise, evidence, resources and influence;
4. Develop capacities and careers for YRIs;
5. Provide a new European PABs conceptual framework, a best evidence statement and implementation guidelines for policy makers;
6. Define and standardise European measurement protocols;
7. Provide proof of concept of harmonised European data collection of PABs and their determinants and
8. Define an evidenced based and aspirational Pan-European research harmonisation and implementation strategy.

# Action Structure



**Management Committee** - 2 members from each partner country

**Core Group Board** - Action Chair, Action Vice-Chair, WG 1-4 Leaders, Science Communication Managers, Grant Coordinators, Training School Coordinator, Grant Holder Manager

**Implementation Group** – CGB, WG and Deliverable Leaders

**WG 1:** Overall Management, Capacity Building, Dissemination and Exploitation

**WG 2:** Evidence Translation - Framework, Consensus and Guidelines

**WG 3:** PABs Determinant Profile Measurement Toolkit

**WG 4:** European Harmonisation of Data Collection

# Action Deliverables



- D1.3 - To define & promote a European research, harmonisation & implementation strategy which is both evidenced based & aspirational.**
- D1.4 - DE-PASS Summary of key findings, impact analysis, recommendations and conclusions (Manuscript).**
- D2.1 - Consensus, concept mapping and best evidence statement (BEST) methodologies (Training School 1).**
- D2.2 - Best evidence knowledge translation to physical activity behaviour intervention and policy design (TS2).**
- D2.3 - Provide a new and updated European Physical Activity Determinants (EN-PAD) consensus framework (Publication).**
- D2.4 To formulate European guidelines on how the five highest ranked setting specific determinants can be modified & translated into effective public policies & interventions**
- D2.5 - Prepare Best Evidence Statement of high quality research on the determinants of physical activity behaviours (PABs) (Publication).**
- D3.1 - To develop and validate the European Physical Activities Determinants Toolkit - EN-PADT (Publication).**
- D3.2 - To provide a valid online PABs determinant profile measurement toolkit that optimally predicts PABs across the life course, socio-economic groups and in different nations and settings (Online toolkit).**
- D3.3 - To articulate a consensus statement on consistent terminology and the effective measurement of the determinants of PABs (Pub)**
- D3.4 - Measuring physical activity behaviour determinant profiles using validated methodologies and best evidence (TS 3).**
- D4.1 - Research harmonisation and designs, challenges and opportunities, FAIR principles, data collection, integration, linkage and federated analysis procedures (TS 4).**
- D4.2 - To establish and report on the extent that the collection of data on the determinants of PABs can be harmonised across countries.**
- D4.3 - Optimal prediction of physical activities behaviours - applying advanced statistical techniques to determinant profile data (TS 5)**
- D4.5 - To provide proof of concept of data collection harmonisation and subsequently develop predictive models which will illuminate the complex interactions among determinants and with PABs (Manuscript).**

## Action Networking Tools – Implementation



**Networking Tool “Meetings”:** MC Meeting - 2 online, 1 F2F in Porto Portugal; F2F Implementation Group Meeting, Malta; F2F Final Event in planning for Oct 2024 in Prague; CGB – 8 online, 2 F2F

“Training Schools”: 1 Online, 2 F2F, Significant Training School incorporated into Final Event

“Short Term Scientific Missions” and “Virtual Mobility Grants”: 17 STSMs, 50 VMs.

“ITC Conference Grant” & “Dissemination Grants”: 16 ITCs, 3 DG

**Outputs:** 1 full publication, many abstracts, 6 full publication submissions, 6 additional publication outputs planned, 2 key reports.

Key Achievements: MSCA DN spin off funding, 2.7m, “INtervention on the DEterminants of, and Expertise in, Physical activity behaviours” (INDEEP)

## Action Outputs & Key Achievements



**Outputs:** Website, Promotional Video: <https://depass.eu/>

1 full publication, many abstracts, 6 full publication submissions, 6 additional publication outputs in process, 2 key reports.

### **Key Achievements:**

- Capacity building and Training – approx. 40% of members are ECI or PG
- MSCA DN spin off funding, 2.7m, “INtervention on the DEterminants of, and Expertise in, Physical activity behaviours” (INDEEP)
- Best Evidence Statements on the determinants of physical activity behaviours
- To develop and validate the European Physical Activities Determinants Toolkit
- Proof of concept of data collection harmonisation
- DEPASS Legacy – New Research Harmonisation Network and road map to research funding

# Insights, Opportunities, Challenges



- ✓ Significant effort to develop strong proposal – COST excellence & inclusiveness policy
- ✓ COST – outstanding networking tool; outstanding capacity building tool,
- ✓ The VM is a new and excellent addition to the COST Networking tools.
- ✓ Training schools are/can be very impactful
- ✓ Support from COST is excellent and the eCOST platform is an effective tool.
- ✓ Flexibility within and across budget items
- ✓ DEPASS is a large Action with many countries & participants - Meaningful involvement of all members is challenging – careful planning at WG & Deliverable level is required
- ✓ Focus must be on networking and capacity building – research objectives must be tempered within network tools and funding structures available.
- ✓ Yes, I would recommend to a friend!

# DEPASS Legacy Phase



Context for new “DE-PASS Research Harmonisation Network”

- ✓ The defining ambition of DEPASS is to establish and sustain the new “**DE-PASS Research Harmonisation Network**”.
- ✓ DEPASS will define and map a **future research harmonisation and implementation strategy** (2025-2030).
- ✓ **By signing the related MoU members will support this strategy relative to the resources available to them.** The MoU will recognise what is possible with existing resources and a systematic plan to gain new resources and/or diverting existing resources to support implementation.
- ✓ **Potential members:** 1) DEPASS member nations who are willing to join the new “DE-PASS Research Harmonisation Network”; 2) DEPASS member nations who have contributed to proof of concept; 3) the leadership of large European cohort studies and/or national PA surveillance systems 4) Others





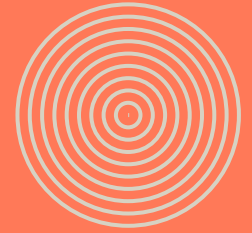
**DE-PASS**

Thank you for  
listening



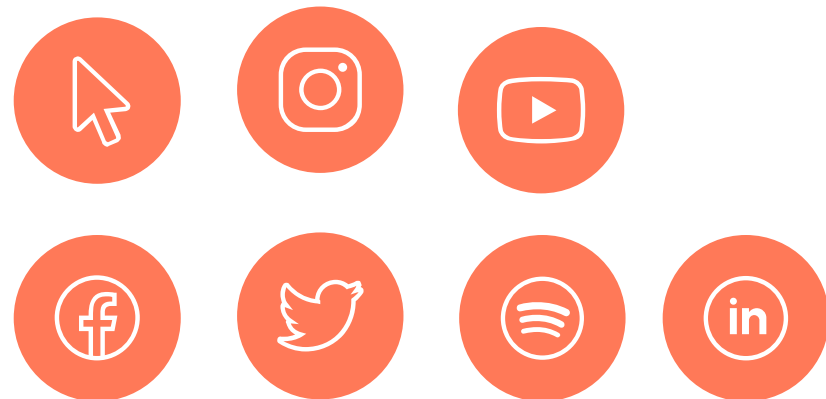
# Q & A

Contact email: [events@cost.eu](mailto:events@cost.eu)



# How to follow us

COST newsletter: [www.cost.eu](http://www.cost.eu)



PAGE

## Subscribe to the COST newsletter

Subscribe to the COST newsletter Join our mailing list to receive updates from the COST Association

# Thank you!

